

## History

1. What year was the first official ascent of Mount Everest and by whom was it ascended? (2)
  - a.
2. What climbing wall is considered to be the first dedicated one ever built and who is attributed its conception? (2) Bonus point for year of build. (1)
  - a.
3. When was and what was the Mass Trespass of Kinder Scout? (2)
  - a.
4. How many more climbing walls are there in the UK now than there were 10 years ago? (1)
  - a.
5. When were qualifications specifically to teach climbing introduced to the UK? (1)
  - a.

## Equipment

6. What are 'Redpoints'? (1)
  - a.
7. What is redpointing, pinkpointing and headpointing? (3)
  - a.
  - b.
  - c.
8. What traditionally is climbing shoe 'sticky' rubber made from and why is it called sticky? (2)
  - a.
9. Name 3 (common) ways to damage a rope – other than a sharp edge. (3)
  - a.
  - b.
  - c.
10. What is a prussic knot and how many can you name? (max 5 point)
  - a.

## Safety

11. When was the 'Lyme Bay disaster' and what was it? (3)
  - a.
12. What government body was established as a result? (1)
  - a.
13. What do the terms in 'Loco Parentis', 'vicarious responsibility' and 'tort law' mean? (3)
  - a.
  - b.
  - c.
14. What is the maximum staff:client ratio recommended by signatories of the ABC? (1)
  - a.
15. If you were to injure yourself dyno-ing on a bouldering wall above the mats would you be able to successfully sue the wall owners? (clue – it has been tested recently) (2)
  - a.

**Teaching**

16. What are the 3 FUNdamentals of movement? (3)
  - a.
17. When is stretching appropriate? (1)
  - a.
18. What is the BMC's current policy on the wearing of helmets for minors? (1)
  - a.
19. What is the CRB? (1)
  - a.
20. When coaching youngsters what factors might influence how and what you teach them? i.e. would you take them campussing and why? (3)
  - a.

**National**

21. What are the BRYCCs and where is this years final to be held? (2)
  - a.
22. Name your local climbing club and who do they cater for? (2)
  - a.
23. What is NICAS and what is the main pre-requisite to becoming a provider? (2)
  - a.
24. What is the ASCA? (1)
  - a.
25. What is Ratho? (1)
  - a.

**Outdoors** – match the crags with their description (using arrows)

- |                      |  |
|----------------------|--|
| 26. Stanage          | A classic 120 foot high, right facing diedre (1) |
| 27. Fontainbleau     | 4km long classic gritstone wonder (1)            |
| 28. Whitestonecliffe | Great for beginners, plenty to go at (1)         |
| 29. Burbage          | A mecca for boulderers (1)                       |
| 30. The Cromlech     | A crumbling pile of choss (1)                    |

**People** – match the names with the claims (using arrows)

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|----------------------|--|
| 31. Mark Vallance    | Stunt double for Sylvester Stallone in Cliffhanger (1) |
| 32. Jerry Moffatt    | South African legend and activist (1)                  |
| 33. Neil Bentley     | Plumber from Manchester (1)                            |
| 34. Chris Bonnington | First service man up Everest (1)                       |
| 35. Joe Brown        | First climber to climb an (uncontested) E10 (1)        |
| 36. Ron Kauk         | Disappeared with George Mallory (1)                    |
| 37. Brummie Stokes   | President of BMC (1)                                   |
| 38. Sandy Irvine     | Climber of renegade master (1)                         |
| 39. Ed February      | Big issue (1)  |
| 40. John Dunne       | Media darling and first ascent of Annapurna (1)        |

**Total out of 60:**