

Climbing Walls

1. Name 3 manufacturers of climbing walls or holds.
 - a.
2. In a climbing wall environment what is the highest, theoretical fall factor?
 - a.
3. What are the 3 *FUNDamentals* of movement?
 - a.
4. What of the following are classed as PPE? (circle)
 - a. Belay device b. harness c. karabiners. D. ropes e. helmet
5. What does the 3 sigma rating mean?
 - a.
6. Name 3 ways in which the climbing wall environment can cause damage to equipment
 - a.
 - b.
 - c.
7. When using a public climbing wall for the first time name 3 things you would have to show the management.
 - a.
 - b.
 - c.
8. What does EN 12572-1 relate to?
 - a.
9. Name 3 safety features of climbing wall design or route setting? (i.e. *not* mats, ropes, etc)
 - a.
10. Why is the name Don Robinson significant in climbing wall history?
 - a.

Match the climbing wall to the location

- | | |
|-------------------|------------|
| 11. The Tower | Cardiff |
| 12. St. Werburghs | Leicester |
| 13. The Boulders | Bristol |
| 14. The Beacon | Birmingham |
| 15. Creation | Llanberis |

General History

16. What year was the first official ascent of Mount Everest?
 - a.
17. Who was the first to climb all 14000ers without supplemental oxygen?
 - a.
18. Who is currently the best climber in the UK?
 - a.
19. When was the 'sticky' rubber shoe introduced to climbing and by which manufacturer?
 - a.
20. What is 'redpointing' and 'head pointing'?
 - a.

Total Out of 30